### Parent Bulletin, 3rd October 2025



#### Events wc. 6<sup>th</sup> October 2025

Week 2	
Monday 6 <sup>th</sup> October	
Tuesday 7 <sup>th</sup> October	Year 10 Information Evening 5:30pm
Wednesday 8 <sup>th</sup> October	Year 7 Parents – Teenage Mental Health session, 6:00-7:00pm
Thursday 9 <sup>th</sup> October	
Friday 10 <sup>th</sup> October	Hello Yellow – World Mental Health Day

#### This week

Students and staff have had a somewhat quieter week, with fewer visits taking place than previously. That said, we ended last week with a buzz, as students in Years 7, 8 and 9 enjoyed a visit from the pop group 'As1One', focusing on positive mental health; a great forerunner to next week's awareness day Hello Yellow!

Year 7 have maintained their attendance lead, remaining our top overall attenders and top for last week too, with Year 8 just a few percentage points behind. Whilst we are aware that illness or serious circumstances can impact on a student's attendance, students should always attend school if they are well enough and able to do so.

If your child does miss any school, they are always able to catch up on learning. This can readily be achieved by students just checking in with their teachers for the lessons they've missed; many of whom make a note in students' exercise books, signposting appropriate catch up activities and opportunities. Students can complete this work at home, or alternatively make use of our in-school homework club, currently running at lunch times throughout the week.

#### Hello Yellow, World Mental Health Day, Friday 10th October

On 10th October, we will be participating in Young Minds' 'Hello Yellow'. This is an opportunity to raise awareness for World Mental Health Day, particularly for young people's mental health and wellbeing. Students and staff are invited to swap out one (or more!) items of uniform for something yellow. So... if you'd like to join in, feel free to swap out your school jumper for a yellow hoodie, your school tie for a mustard option or your school shoes for honey coloured trainers.

#### Year 10 Information Evening, Tuesday 7th October

Parents of students in Year 10 are invited to attend an information evening on Tuesday 7<sup>th</sup> October. The evening will comprise of a presentation providing some key information ahead of your child's continued study during Year 10 and Year 11. This will include an introduction to the range of revision resources and support made available to students via the academy, as well as general information relating to how to support your child in their studies at school and at home.

#### Teenage Mental Health, Wednesday 8th October

Parents of Year 7 students who would like advice on teenage mental health are invited to attend a session with the Year 7 Team and members of the local NHS Mental Health Team who support the school, on Wednesday 8<sup>th</sup> October from 6-7pm. Academy staff and the mental health support team will be available from 7-8pm for group chats or confidential questions. The session will also address the importance of good parental mental health for teenage wellness and academic progress. Please see flyer overleaf.

#### **Breakfast Club**

Just a reminder that we run a free daily breakfast club which is open to all students. Our doors open from 7:30.





# MHST Parent Talk on HAPPY FAMILIES, HEALTHY MINDS Helping your Child to Thrive in Year 7



Wednesday 8<sup>th</sup> October 2025
6 to 8 pm one hour presentation
(Followed by opportunity to talk to staff)
Ormiston Endeavour Academy

## All parents of Year 7 pupils are WELCOME Come along if you are interested in

- ✓ **Understanding** the challenges and emotions involved in the Year 7 transition.
- ✓ Learning key principles and practical strategies to support their child's mental health.
- ✓ Recognizing early signs of struggle and know when and where to seek help.
- ✓ Appreciating the importance of your own wellbeing and discover supportive resources

