

## Events wc. 13<sup>th</sup> October 2025

Week 1	
Monday 13 <sup>th</sup> October	
Tuesday 14 <sup>th</sup> October	Year 11 Information Evening, 17:30-18:30
Wednesday 15 <sup>th</sup> October	
Thursday 16 <sup>th</sup> October	
Friday 17 <sup>th</sup> October	<b>PD Day – Academy closed to students</b> Silver Duke of Edinburgh Expedition

### This week

We've had another busy week of learning at the academy. Year 7 have again topped the rankings for attendance last week, with Year 8 not far behind. Congratulations also go to our year 7 netballers who came 2<sup>nd</sup> out of 8 teams in the U12 Blue netball tournament on Wednesday 8<sup>th</sup> October. They played brilliantly!

Students have been making a good selection of recipes in Food Technology. Year 9 are currently making these baked doughnuts. We have it on good authority from Ms Oliver that these are the best baked doughnuts she has ever seen! So light, fluffy and very yummy!



We've ended the week with a range of activities to raise awareness for mental health. Staff and students arrived in an array of shades of yellow, the bake sale was phenomenal and the staff cycle ride was superb! Students have enjoyed cheering our cyclists on throughout the day.



Physical activity is a great way to support good mental health, however taking time to talk is also really important. Please take some time to visit the Young Minds website for more guidance on how to talk to your child about mental health: [How to Talk to Your Child about Mental Health | YoungMinds](#)

Please don't forget that the academy will be closed to students next Friday as we have a staff professional development day.

### NHS Mental Health Schools Team

Earlier this week, during Wednesday evening, we were pleased to host the NHS Mental Health Schools Team who came in to speak with any Year 7 parents who had concerns about their child's mental health. The presentation was enlightening, and the Q&A was hugely beneficial. Thank you to Aine Bryson and Ed Abernethy from the MHST. The session came with a book recommendation – Happy Families by Dr Beth Moseley.

### Girls Football – Trials

Please see information below regarding a trial opportunity for girls in Years 7-11 from Norwich City Football Development. A flyer is also attached.

Please see details of an exciting opportunity for female footballers in school year 7-11 to attend a free trial training session at one of our player development centres in the Suffolk area. If your daughter is passionate about football, dedicated to improving, and wants to be part of a professional development programme, this is the opportunity for her.

Players on our programmes pay a small fee to take part in the programme but receive the following benefits:

- Take part in weekly training sessions delivered by our UEFA qualified coaches, we pride ourselves on sessions being both educational and enjoyable for our players
- Train with highly talented players to develop skills and tactical understanding.
- The opportunity to progress within the clubs development pathway.
- Full Norwich City Training kit.
- The opportunity to travel on residential training trips.
- Take part in fixtures against other development programmes.

Please see full details below of the session and how to book your place.

*Bury St Edmunds – Girls Development Centre*

Venue: Bury St Edmunds Leisure Centre

Address: Beetons Way, Bury Saint Edmunds IP33 3TT

What3Words: ///magpie.supported.trample

Evenings: Fridays

Time: 7:30 – 9:00 pm

Trial Date: 17th October 2025

Trial Booking

Link: <https://www.abler.io/shop/ncfcfd/girlsdevelopmentpathway/product/Q2x1YINlcnZpY2U6NDA0NDU=?>

If you have any questions please do not hesitate to get in touch with me via email – [phil.turner@canaries.co.uk](mailto:phil.turner@canaries.co.uk)

Best wishes,

Phil Turner

Head of Girls Football

Norwich City Football Development